**Script from OASIS members: Ben, Angel, Chloe, Holly, Leona, Matt, Daisy, Davina, Georgie, Beth, Chantelle, Abi, Chris, Jordan, Caitlin**

**Angel...** Hi everyone,

We’re OASIS and we work under the ‘future in mind’ transformation plan for Barnsley. Our voice truly matters around mental health support and young people’s services, not just in Barnsley but also nationally. Today, OASIS are going to go through some of our key achievements over the last 6 months, as well as introductions.

I’m Angel, one of the youngest members of the group and I’m also the quiet and loveable craft maker. I find Chilypep helps me to express my thoughts on services for young people, and helps improve things for others. I first started OASIS because a teacher told me to come, as I might like it. I now come because I want to be here on a completely voluntary relationship. I know now how important mental health is and it’s now a career direction I consider for my future.

Some of you may remember me from the last stakeholder event – I read the OASIS mission statement. I’m also the one you may have seen as a cartoon on the Barnsley C C G AGM film! (That was tricky to try and say).

I have been given the role in the OASIS group to collate the work we do every week in a scrap book, as a creative form of evaluation. I have taken pride in this and put my all into capturing the hard work we do every week. ***(See book)***

For those that don’t remember, here is our Mission statement! ***(Hand out flyer)***

**Chantelle…** Thank you Angel, we also have Chloe who has taken the opportunity to help me when delivering Mental Health training to teachers and professionals working with young people. Chloe has become an expert in explaining ‘Future in Mind’ and the local area transformation plan.

So I’d like to introduce Chloe who will explain it (as a refresher for everyone in the room) and to remind us of our overall aim and dedication to this.

**Chloe ….**

Hi everyone, I’m Chloe. I have a passion and dedication to improving the mental health support and services that young people access, and reducing the stigma around mental health. I’m a student studying for a Mental Health nursing degree. I’ve worked on a campaign for OASIS to eliminate pressure on young people to succeed and boost their self-esteem. This is called #InYourOwnTime and the message I wrote was to thrive with passion and integrity, as your experiences build your resilience and strength.

So who here has heard of future in mind? (Hopefully everyone puts their hand up) Great – so that’s a better response than we get from teachers.

Future in mind is …..(Chloe to give explanation)

When delivering bespoke MH training I’m able to have more of an input in the delivery, however when it’s Youth MHFA I’m unable to help co deliver due to not being a trained MHFA instructor. So I help in other ways such as the group activities, answering questions and prep work. Oh, and starting the training with an explanation into future in mind. Although Chantelle has started letting me deliver a slide (ssshhh don’t tell MHFA England). I’m now going to quickly take you through this to bring back the message of the importance of us working together to transform MH for young people.

(**PowerPoint:** stigma and discrimination slide 5 min).

**Chantelle…**We’re now going to take you through the success of the MH training delivered through our Barnsley local area transformation plan.

(**PowerPoint:** MH training slides – data-vis 5 min)

**Matt…** Hi I’m Matt, and I’m a geologist. I’m often the one that describes what the OASIS group is and what we do. So sometimes when people come to the session to work with us and ask us what we have been working on, you can guarantee none of us can remember. Maybe because we do so much, or it’s just one of those days, like when Chantelle comes to the session withoutthe session work as she left it on her desk at work by accident. But the one thing we always do say we have worked on is the Youth MHFA Kit, maybe as this is one of our key achievements!

**Holly….**Hi I’m Holly, I’m the world explorer in the group and also one of the longest members…apart from Ben.

**Ben…** (Ben stands up saying hello) Hello

**Holly…**So you’re lucky you’ve caught me, because I’ll be off to catch a plane again soon.I have a real passion for helping things change for the better, for example... I’ve been abroad on the ICS (international citizen’s service) to volunteer to help educate children and young people. Working with Chilypep helps me do this and also brings together others with my passion.

I was so proud of everyone in OASIS when we were shortlisted for the Children and Young People’s Positive Practice in Mental Health National awards, for the Innovator award for our Mental Health First Aid Kit. I thought this is some pretty amazing stuff, I loved attending the award ceremony in Manchester and we received highly commended as the runner up in the Innovator award category. It was an absolutely uplifting experience to see and hear about all the other positive practice work being done across the country in children and young people’s mental health.

**Ben…** Hello again, I’m Ben, I’ve stayed involved with Chilypep and the OASIS group for so long because not only has it helped me personally, but I also like to help others. I work doing building jobs and on construction sites, but eventually I’d like to be a Youth worker or be able to somehow do both.

**Davina…** Hi, I’m Davina… and I tend to be able to make anyone smile. I’d say I’m quite childish, but in a way that I see things differently. I joined Chilypep to help reduce stigma around mental illness, and to improve the services to which I used and saw detriments from a young person’s point of view. I work on a CAMHS PICU (psychiatric intensive care unit), that 2 and half years ago I was a patient on...and I try to use things I’ve learnt at Chilypep about services and vice versa to improve things from the other side. Oasis helps me do this on a wider scale as well as just at work.

Since the last stakeholder event, we have given out over 500 copies of the Youth mental health first aid Kit and delivered many youth MHFA Kit activities workshops.

We have also been honoured to see the development of a Youth mental health first aid Kit in 16 classes across GreenAcre School.

We’ve also got the Youth MHFA boxes in Barnsley Hospital. Alongside this we’ve been working with them on the ‘You’re welcome standards’ – making young people feel welcome. The lead Maternity Nurse and Teenage pregnancy Nurse attended two OASIS sessions, consisting of 4 hours in total informing 14 young people from OASIS aged 14-21 around the services and support on offer, and answering any questions we had. This helped develop our knowledge and understanding to enable us to carry out the assessment process specifically for the women’s/maternity department. We attended a guided tour throughout the women’s/ maternity department, where we met, greeted and interviewed staff and young people accessing the service throughout the following services;

* Reception
* Antenatal
* Antenatal and postnatal
* Birthing Centre
* Termination

We’ve also been working hard to assess the CAMHS service with Healthwatch Barnsley following the same methods.

 As we’ve been working so hard we had a Celebration activity over the summer holidays at Barnsley Metrodome Wacky world tour!

**Leonna**… I’M LEONNA! Hi everyone, I’m the loud one and some may say I’m good in small doses (everyone loves me really!) I recently started at Oasis and have been referred to as the younger Chan! Chilypep has helped me to give my opinion on services and try to improve areas where I (personally) thought it was needed. Thank you for taking me, I’m honestly so grateful, at least there’s an organisation that takes me places and actually trusts me without thinking I’m going to misbehave.

**Georgie…** Hi I’m Georgie…I’ve been told I can melt the hardest of hearts and that I have major hair and nail game. Through OASIS I’ve learnt that my anxiety doesn’t actually define me and I’ve been taking small steps out of my comfort zone. I’m a bit of a nerd in many different ways; I actually helped correct all the grammar on this speech as Chantelle originally didn’t add any full stops or commas in.

We also attended a development meeting/consultation with web designers DESAP, Mindspace and Public Health Barnsley. This was for the Department of the health funding bid, in regards to developing the MindSpace platform for online counselling and forums for young people, and developing an app around this.

We’ve also been working with the Public Health Nursing team and have given feedback and helped to create a new feedback form that is younger person friendly, for the Public Health Nurses to use with young people they see. We will continue to work with the Public Health nursing team to look at how they support and engage with young people aged 0-19, with a particular focus as to how they can support young people with their mental health in school.

**Daisy…**Hi I’m Daisy, I’m considered the comedian at Chilypep. If I mention David Bowie or that Chantelle is getting old as she’s had a middle aged mum’s hair cut Chantelle laughs. Here at Chilypep we understand, we work on it together. Like today I asked Chantelle if she’d punish me for something I didn’t do and she said of course not...oh, good, because I didn’t do the speech meant for today. ;) ;)

All kidding aside my aim is to make people smile and bring laughter, and now it’s my turn to make you smile and laugh. So if I try and stage dive please catch me. Don’t worry, Chantelle’s done a risk assessment.

**Beth…** Hi I’m Beth, I represent the voice of care experienced young people across Barnsley and link the work around mental health together with the work we do at the Care4us council.

Since being part of OASIS I’ve taken part in the 2 day Youth mental health first aid course and I’ve helped observe mental health training that was delivered to residential homes in Barnsley. I’ve also been involved in consultation with AVA to help inform training around looked after children and domestic abuse, which I’m going to co-deliver to social workers in Sheffield. I’ve also participated in interview panels for a team leader post at CAMHS.

**Abigail…** Hi I’m Abi, I’ve been told I’m the nice one of the group. I like to be nice to people and treat everyone with respect and this is a great quality to have, as not everyone in the world we live in is nice. I’m also one of the longest members of OASIS and stayed dedicated to the work we do throughout my A Levels and work.

This World Suicide Prevention day the OASIS group came together to spotlight the stigma surrounding young men and boys’ mental health and encourage them to talk about their feelings.

Suicide is the leading cause of death for men under the age of 50 and the OASIS group want to help those feeling desperate to reach out and ask for help.

To add our voices to the #AlrightPal campaign supported by Barnsley Council, we also created a video clip to demonstrate the different ways people react to men opening up.

The first scenario, in which a young man admits to a friend that he is feeling low, shows a series of negative, stigmatising responses such as ‘man up,’ ‘get over it,’ and ‘you’re bringing everyone down.’  The second scenario offers more supportive, encouraging responses.

**Caitlin…**Hi everyone, so my name is Caitlin. I‘d say I am the talkative and energetic and most glittery one of the group as I always somehow manage to have glitter on me or manage to get it everywhere.

I’ve been in the Oasis group for 3 months and I love getting involved with different projects which we do. I have previously involved with Chilypep before as I was a Peer Mentor at College. I was sometimes the mascot Pedro and use to waddle around during the events and gave free hugs. I was a peer mentor because I wanted to help students with their mental health and help make a difference which the peer mentoring was all about, it gave the opportunity to learn about mental health and help me improve my own.

It was so much fun and now I’m with Oasis, I continue to help campaign and hopefully will try and continue to make differences!

**Davina…**We also have many other members of OASIS. Not all of them could be here today, but we all have unique, individual personalities and all bring our own magic to the group along with the work that we do to make change. But we can quickly hear from a few other OASIS members that are in the room today…

**Chris…** Hi I’m Chris, I’m one of the new members and it’s my mission to be happy. I’m a Pokémon master. I try to be edgy, but I’ve been told I’m as soft as. I’m funny and like to make others laugh. There’s not much more to say about me that would be appropriate for this setting, so I’ll leave it there!

**Jordan…** I’m Jordan; I’ll put my heart into anything I work at especially if it involves glitter…and at OASIS we love a lot of glitter! I like singing and theatre but ironically I’m currently studying mechanics at college, but I do like cars too.

**Davina…**Thanks everyone, and thanks for listening to some of the work we’ve achieved over the last 6 months! Please feel free to look at some of our inspiring your inner hero campaigns that we’ve developed over the last 6 months, and which we also launched on World MH Day this year. Before we finish we’re going to hand over to Rebecca who is going to go through the development of the Open up Barnsley young people’s directory…

***(All walk off stage, leaving Rebecca to present the Open up Barnsley directory).***