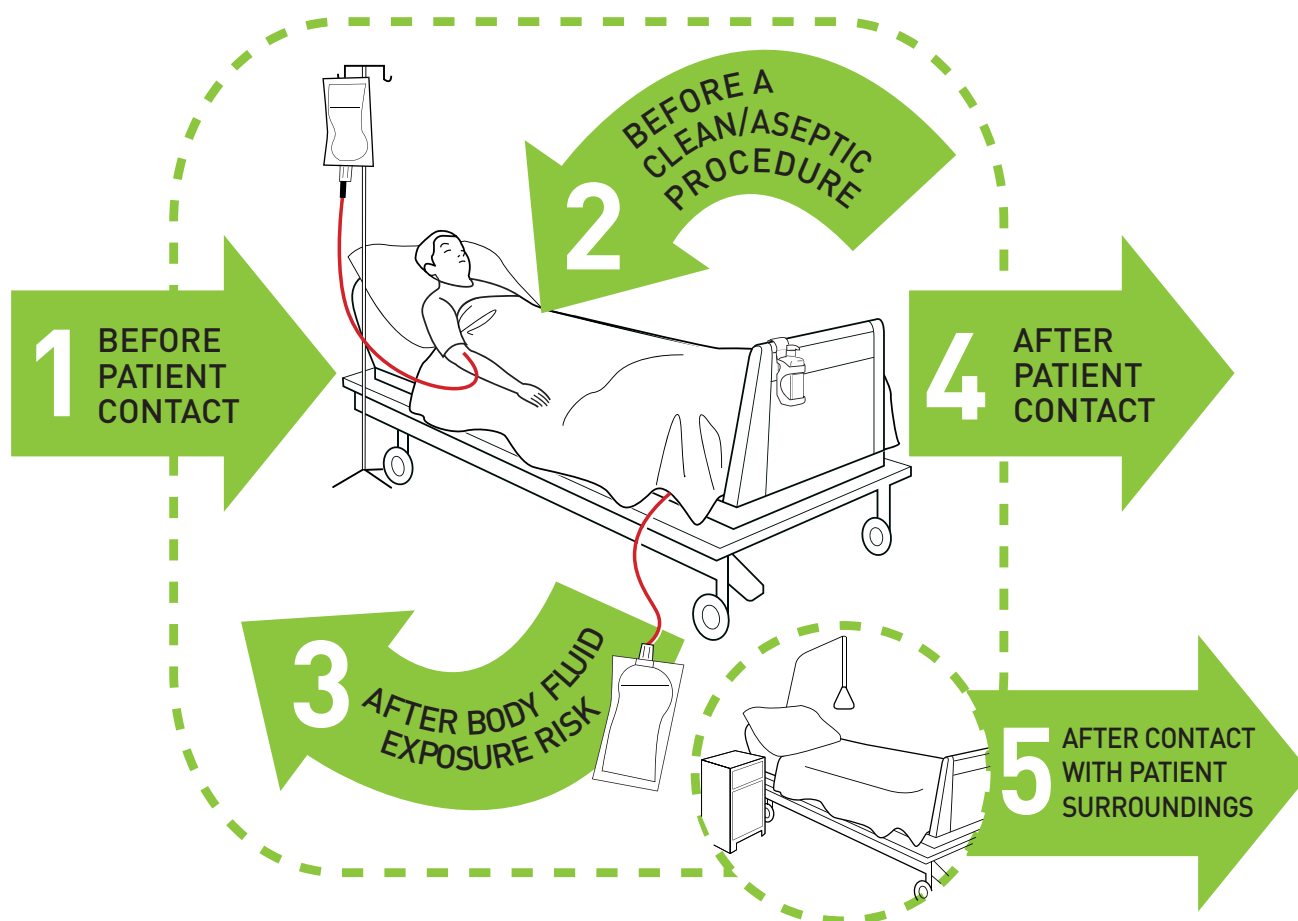


Your 5 moments for hand hygiene at the point of care



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| 1 BEFORE PATIENT CONTACT | <p>WHEN? Clean your hands before touching a patient when approaching him/her</p> <p>WHY? To protect the patient against harmful germs carried on your hands</p> |
| 2 BEFORE A CLEAN/ASEPTIC PROCEDURE | <p>WHEN? Clean your hands immediately before any clean/aseptic procedure</p> <p>WHY? To protect the patient against harmful germs, including the patient's own, from entering his/her body</p> |
| 3 AFTER BODY FLUID EXPOSURE RISK | <p>WHEN? Clean your hands immediately after an exposure risk to body fluids (and after glove removal)</p> <p>WHY? To protect yourself and the healthcare environment from harmful patient germs</p> |
| 4 AFTER PATIENT CONTACT | <p>WHEN? Clean your hands after touching a patient and her/his immediate surroundings when leaving the patient's side</p> <p>WHY? To protect yourself and the healthcare environment from harmful patient germs</p> |
| 5 AFTER CONTACT WITH PATIENT SURROUNDINGS | <p>WHEN? Clean your hands after touching any object or furniture in the patient's immediate surroundings when leaving - even if the patient has not been touched</p> <p>WHY? To protect yourself and the healthcare environment from harmful patient germs</p> |